

Archdiocese of Philadelphia
PREP Mid-Year Assessment
Study Guide
Level 4

I. God the Father revealed:

- A. his love for his people
- B. a covenant with his people on Mount Sinai (Ten Commandments)

II. Commandments

- A. Know the Ten Commandments
- B. Be able to explain how the Ten Commandments help us to live a good Christian life

III. Grace

- A. free help of God
- B. gift of the Holy Spirit
- C. helps us in our spiritual growth

IV. Sin

- A. Destroys our relationship with God
- B. Original Sin was inherited from Adam and Eve
- C. There are two types of personal sin:
 - i. Mortal (or serious) sin
 - ii. Venial (or less serious) sin

V. Conscience

- A. A voice deep within our heart that helps us make good choices
- B. Formation of our conscience is a lifelong task
- C. It calls us to love to do good and avoid evil
- D. We examine our conscience before going to confession

VI. Liturgical Year

- A. The cycle of feasts and seasons which celebrate the events of Jesus's life and presence in the Church.

- B. Sunday is
 - i. the Lord's day
 - ii. the most important day of the Christian week
 - iii. a celebration of Jesus' resurrection.
- C. We celebrate:
 - i. All Saints Day on November 1
 - ii. The Immaculate Conception on December 8
 - iii. Our Lady of Guadalupe on December 12
- D. During Ordinary Time the priest wears green which symbolizes hope and growth for life.
- E. Advent is the season which begins the Liturgical Year of the Church and we prepare for the coming of Christ.
- F. During Advent, the priest wears purple which symbolizes preparation and sorrow for sin.
- G. The priest wears white during Christmas.
- H. White is the liturgical color which expresses joy, glory, and innocence.

VII. Mary

- A. model of faithfulness and holiness
- B. The rosary is a prayer of devotion to the Blessed Mother
- C. There are four sets of mysteries of the rosary which celebrate events of Jesus' and Mary's life: the Glorious, Joyful, Sorrowful and Luminous Mysteries

VIII. Prayer

- A. The Mass is the greatest form of communal prayer
- B. The Our Father is a summary of the Gospel

IX. Sacramentals

- A. Holy actions (sign of the cross, blessings)
- B. Holy objects (crucifixes, rosaries, medals, candles, holy water and oils)